

MENU

PARKER
LONDON

CLASSICS

Creamy avocado on sourdough:

with lime zest, mixed seeds, caramelized tomatoes - 9.95

Eggs on house Sourdough:

with cress, house seeds, herb oil - 9.95

Add bacon or halloumi 4.49

Scrambled Eggs on buttery house Brioche:

with melted cheddar cheese, mixed seeds, house garnish, choose side of halloumi or bacon - 12.95

Victorian Eggs & Waffles:

covered with buttery hollandaise, creamy avocado, lemon zest - 11.95

Shakshuka:

with poached eggs, labneh yogurt, dill, feta cheese, sourdough - 13.95

Persian Omelette:

with dates, walnuts, feta crumble, labneh yogurt, sourdough - 12.95

House Croissant, mozzarella & cherry tomatoes:

with avocado mash, pistachio, mustard seeds, radish - 11.95

French Toast:

choose from: peanut butter and cinnamon sauce, chai sauce or nutella and strawberries. Served with ice cream - 11.95

COMFORT FOOD

Soup of the Day:

served with a cheese toastie

Roasted Chicken Salad:

with avocado, baby gem, honey mustard, croutons - 9.95

Fresh Pasta:

with sauce of the day, parmesan, basil oil - 13.95

Corn-fed Chicken breast:

served with homemade puree of the day, baby leeks, salsa verde - 14.95

Scottish Salmon:

with crispy potato terrine, sprouting broccoli, tartar sauce - 15.95

BOWLS

Stuffed fresh Pineapple bowl:

with mango and pineapple frozen cream, topped with granola and berries - 11.95

Whipped Coconut yogurt:

with granola, caramelised banana, mixed berries, house jam & peanut butter - 9.95

Overnight Oats & Vanilla bowl:

with whipped yogurt, mixed fruit, raw honey - 9.95

Warm Chocolate Porridge:

with mixed fruit banana & raw honey - 7.95

SMOOTHIES

Iron boost Elixir:

Spinach, pineapple, kiwi, orange, spirulina, raw honey - 6.95

Berry Glow Tonic:

Mixed berries, banana, apple, beetroot powder, raw honey - 6.95

Copacabana:

Passion fruit, mango, pomegranate, pineapple, coconut, orange, raw honey - 6.95

Plant Protein Choco Shake:

Vegan protein, raw cacao, banana, chia seeds, peanut butter, dates, oat milk, - 7.95

OPEN
EVERYDAY
FROM 7AM TO
8PM

Please advise us of any allergies when ordering.

All of our dishes are made in an environment where allergens are present, therefore we cannot guarantee any item is allergen free.